



## UPCA Resources

### Sample Outreach Letter

---

February 14, 2023

Jenny Johnson, Iron County School Board  
123 Main Street  
Beaver, UT 84123

The Southwest Coalition has worked diligently on implementing strategies to reduce underage drinking and address other substance abuse issues over the past 2 years. By reducing youth substance use, we also expect to reduce youth delinquency and mental health problems and improve school performance.

But we need your help. According to our latest local SHARP survey results we have seen an increase in risk factors of our high school students.

- 10% of 10<sup>th</sup> graders report having used tobacco in the last 30 days.
- 7% of 12 graders report consuming alcohol in the last 60 days.
- 15% of 10<sup>th</sup> graders report having had a suicidal thought in the last 90 days.

The goal of a prevention program is to improve the health of youth, families, and community by making resources readily available to protect our children. We would love to put together an action plan to reduce risks for our community and address their needs.

The next step in the process is ACTION. With involvement of school board members like you. Your opinion, your experience and your point of view are needed. Our goal is to have 6 community members on our board to help make sure our prevention plan is attainable.

We meet on Wednesdays a 4:30pm and would love to invite you to join our next meeting to learn more about our coalition and how you can continue to make a difference in the lives of our community members.

Thank you for your time and support of prevention.

Mary Jo May  
[maryjo@me.com](mailto:maryjo@me.com)  
801.555-1234